



<https://potbellymenuprices.com>

Potbelly Allergen Menu

✓ Does not contain Allergens

✗ Contain Allergens

Sandwiches

Item	Gluten	Milk	Egg	Soy	Peanuts	Tree Nuts	Fish	Shellfish	Wheat	Sesame
A Wreck	✗	✗	✓	✗	✓	✓	✓	✓	✗	✓
Avo Turkey	✗	✗	✓	✗	✓	✓	✓	✓	✗	✓
Bacon, Egg & Chadder Sandwich	✗	✗	✗	✗	✓	✓	✓	✓	✗	✓
Barnyard	✗	✗	✓	✗	✓	✓	✓	✓	✗	✓
BLTA	✗	✓	✓	✗	✓	✓	✓	✓	✗	✓
Chicken Cordon Bleu	✗	✗	✓	✗	✓	✓	✓	✓	✗	✓
Chicken Salad & Provolone	✗	✗	✗	✗	✓	✓	✓	✓	✗	✓
Cubano	✗	✗	✓	✗	✓	✓	✓	✓	✗	✓
Fireball	✗	✗	✓	✗	✓	✓	✓	✓	✗	✓
Grilled Cheese	✗	✗	✓	✗	✓	✓	✓	✓	✗	✓
Grilled Chicken & Chadder	✗	✗	✓	✗	✓	✓	✓	✓	✗	✓
Grilled Chicken Club	✗	✗	✓	✗	✓	✓	✓	✓	✗	✓
Ham, Mashroom, Egg & Swiss	✗	✗	✗	✗	✓	✓	✓	✓	✗	✓
Italian	✗	✗	✓	✗	✓	✓	✓	✓	✗	✓
Lucky 7	✗	✗	✓	✗	✓	✓	✓	✓	✗	✓
Mamma's Meatball	✗	✗	✓	✗	✓	✓	✓	✓	✗	✓
Mediterranean No Chicken	✗	✗	✓	✗	✓	✓	✓	✓	✗	✓
Pizza Melt	✗	✗	✓	✗	✓	✓	✓	✓	✗	✓
Prime Rib Steak	✗	✗	✗	✗	✓	✓	✓	✓	✗	✓
Roast Beef & Provolone	✗	✗	✓	✗	✓	✓	✓	✓	✗	✓
Sausage, Egg & Chadder	✗	✗	✗	✗	✓	✓	✓	✓	✗	✓
Sicilian	✗	✗	✓	✗	✓	✓	✓	✓	✗	✓
Smoked Ham & Swiss	✗	✗	✓	✗	✓	✓	✓	✓	✗	✓



<https://potbellymenuprices.com>

Potbelly Allergen Menu

Smokestake Pork & Mac	×	×	×	×	✓	✓	✓	✓	×	✓
Sweet Heat Pork BBQ	×	×	✓	×	✓	✓	✓	✓	×	✓
Tuna Salad & Swiss	×	×	×	×	✓	✓	×	✓	×	✓
Turkey Breast & Swiss	×	×	✓	×	✓	✓	✓	✓	×	✓
Veggie Melt	×	×	✓	×	✓	✓	✓	✓	×	✓
Wrecking Ball	×	×	✓	×	✓	✓	✓	✓	×	✓

Wrap

Item	Gluten	Milk	Egg	Soy	Peanuts	Tree Nuts	Fish	Shellfish	Wheat	Sesame
A Wreck Wrap	×	×	✓	×	✓	✓	✓	✓	×	×
Avo Turkey Wrap	×	×	✓	×	✓	✓	✓	✓	×	×
Bacon, Egg & Chadder Wrap	×	×	×	×	✓	✓	✓	✓	×	×
Barnyard Wrap	×	×	✓	×	✓	✓	✓	✓	×	×
BLTA Wrap	×	✓	✓	×	✓	✓	✓	✓	×	×
Chicken Cordon Bleu	×	×	✓	×	✓	✓	✓	✓	×	×
Chicken Bacon Ranch Wrap	×	×	×	×	✓	✓	✓	✓	×	×
Chicken Salad & Provolone Wrap	×	×	×	×	✓	✓	✓	✓	×	×
Cubano Wrap	×	×	✓	×	✓	✓	✓	✓	×	×
Fireball Wrap	×	×	✓	×	✓	✓	✓	✓	×	×
Grilled Cheese Wrap	×	×	✓	×	✓	✓	✓	✓	×	×
Grilled Chicken & Chadder Wrap	×	×	✓	×	✓	✓	✓	✓	×	×
Grilled Chicken Club Wrap	×	×	✓	×	✓	✓	✓	✓	×	×
Ham, Mashroom, Egg & Swiss Wrap	×	×	×	×	✓	✓	✓	✓	×	×
Italian Wrap	×	×	✓	×	✓	✓	✓	✓	×	×
Lucky 7 Wrap	×	×	✓	×	✓	✓	✓	✓	×	×
Mamma's Meatball Wrap	×	×	✓	×	✓	✓	✓	✓	×	×
Mediterranean No Chicken Wrap	×	×	✓	×	✓	✓	✓	✓	×	×
Mediterranean Wrap	×	×	✓	×	✓	✓	✓	✓	×	×
Pizza Melt Wrap	×	×	✓	×	✓	✓	✓	✓	×	×



<https://potbellymenuprices.com>

Potbelly Allergen Menu	
------------------------	--

Prime Rib Steak Wrap	✗	✗	✗	✗	✓	✓	✓	✓	✗	✗
Roast Beef & Provolone Wrap	✗	✗	✓	✗	✓	✓	✓	✓	✗	✗
Sausage, Egg & Chadder Wrap	✗	✗	✗	✗	✓	✓	✓	✓	✗	✗
Sicilian Wrap	✗	✗	✓	✗	✓	✓	✓	✓	✗	✗
Smoked Ham & Swiss Wrap	✗	✗	✓	✗	✓	✓	✓	✓	✗	✗
Smokestake Pork & Mac Wrap	✗	✗	✗	✗	✓	✓	✓	✓	✗	✗
Sweet Heat Pork BBQ Wrap	✗	✗	✓	✗	✓	✓	✓	✓	✗	✗
Tuna Salad & Swiss Wrap	✗	✗	✗	✗	✓	✓	✗	✓	✗	✗
Turkey Breast & Swiss Wrap	✗	✗	✓	✗	✓	✓	✓	✓	✗	✗
Veggie Melt Wrap	✗	✗	✓	✗	✓	✓	✓	✓	✗	✗
Wrecking Ball Wrap	✗	✗	✓	✗	✓	✓	✓	✓	✗	✗

	Bread	
--	-------	--

Item	Gluten	Milk	Egg	Soy	Peanuts	Tree Nuts	Fish	Shellfish	Wheat	Sesame
Bread Flat	✗	✓	✓	✓	✓	✓	✓	✓	✗	✓
Bread Multi-grain	✗	✓	✓	✗	✓	✓	✓	✓	✗	✓
Bread White	✗	✓	✓	✗	✓	✓	✓	✓	✗	✓
Damascus Flexseed Wrap	✗	✗	✓	✗	✓	✓	✓	✓	✗	✗

Toppings	
----------	--

[illegible]



<https://potbellymenuprices.com>

Potbelly Allergen Menu

Pickles	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Potbelly Whole Pickle	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Red Wine Vinegar	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Roasted Garlic Aioli	✓	✓	✗	✓	✓	✓	✓	✓	✓	✓
Sliced Onions	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Sweet Heat BBQ	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Tomato	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

Premium Toppings

Item	Gluten	Milk	Egg	Soy	Peanuts	Tree Nuts	Fish	Shellfish	Wheat	Sesame
Artichoke Hearts	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Avocado	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Cucumbers	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Egg Patty	✓	✗	✗	✓	✓	✓	✓	✓	✓	✓
Hummus	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Roasted Red Peppers	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Sliced Mushrooms	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

Extra Cheese

Item	Gluten	Milk	Egg	Soy	Peanuts	Tree Nuts	Fish	Shellfish	Wheat	Sesame
Blue Cheese	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓
Cheddar	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓
Feta	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓
Provolone Cheese	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓
Swiss Cheese	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓

Salads

A Wreck Salad	✓	✗	✗	✓	✓	✓	✓	✓	✓	✓
Apple Walnut Salad	✓	✗	✓	✓	✓	✗	✓	✓	✓	✓



<https://potbellymenuprices.com>

Potbelly Allergen Menu	
------------------------	--

Chicen Salad Salad	✓	✗	✗	✓	✓	✓	✓	✓	✓	✓
Farmhouse	✓	✗	✗	✓	✓	✓	✓	✓	✓	✓
Powerhouse	✓	✓	✗	✓	✓	✓	✓	✓	✓	✓

Salads Toppings	
-----------------	--

[illegible]

Salad Dressings	
-----------------	--

[illegible]



<https://potbellymenuprices.com>

Potbelly Allergen Menu

Soups & Mac

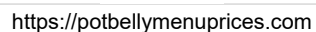
Item	Gluten	Milk	Egg	Soy	Peanuts	Tree Nuts	Fish	Shellfish	Wheat	Sesame
Broccoli Cheddar	✗	✗	✓	✗	✓	✓	✓	✓	✗	✓
Chicken Pot Pie	✗	✗	✓	✗	✓	✓	✓	✓	✗	✓
Chili Mac	✗	✗	✗	✓	✓	✓	✓	✓	✗	✓
Chili	✓	✗	✗	✓	✓	✓	✓	✓	✗	✓
Garden Vegetable	✓	✓	✓	✗	✓	✓	✓	✓	✓	✓
Loaded Baked Potato	✗	✗	✓	✗	✓	✓	✓	✓	✗	✓
Mac & Cheese	✗	✗	✗	✓	✓	✓	✓	✓	✗	✓
Pork BBQ Mac	✗	✗	✗	✓	✓	✓	✓	✓	✗	✓
Tomato Bisque	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓
Oyster Crackers	✗	✓	✓	✓	✓	✓	✓	✓	✗	✓
Pot Pie Topper	✗	✗	✓	✓	✓	✓	✓	✓	✗	✓

Sides & Chips

Item	Gluten	Milk	Egg	Soy	Peanuts	Tree Nuts	Fish	Shellfish	Wheat	Sesame
Baked Lays	✓	✓	✓	✗	✓	✓	✓	✓	✓	✓
UTZ Cheese Curls	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓
Zapp's Hot Pepper Chips	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Zapp's Hotter N Hot Jalapeno Chips	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Zapp's Mesquite Bar-B-Que Chips	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Zapp's Regular Chips	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Zapp's Salt & Vinegar Chips	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓
Zapp's VooDoo Hot Chips	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Zapp's VooDoo Regular Chips	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

Desserts & Shakes

Item	Gluten	Milk	Egg	Soy	Peanuts	Tree Nuts	Fish	Shellfish	Wheat	Sesame
------	--------	------	-----	-----	---------	-----------	------	-----------	-------	--------



Banana Pudding Shake	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓
Chocolate Brownie Cookie	✗	✗	✗	✗	✓	✓	✓	✓	✗	✓
Chocolate Brownie Cookie Icecream Sandwich	✗	✗	✗	✗	✓	✓	✓	✓	✗	✓
Chocolate Shake	✗	✗	✓	✗	✓	✓	✓	✓	✗	✓
Cold Brew Shake	✗	✗	✓	✗	✓	✓	✓	✓	✗	✓
Dozen Mini Oatmeal Chocolate Chip Cookie	✗	✗	✗	✗	✓	✓	✓	✓	✗	✓
Dream Bar	✗	✗	✓	✗	✓	✓	✓	✓	✗	✓
Eggnog Shake	✗	✗	✓	✗	✓	✓	✓	✓	✓	✓
French Toast Cookies	✗	✗	✗	✓	✓	✓	✓	✓	✗	✓
Oatmeal Chocolate Chip Cookies	✗	✗	✗	✗	✓	✓	✓	✓	✗	✓
Oatmeal Chocolate Chip Cookie Icecream Sandwich	✗	✗	✗	✗	✓	✓	✓	✓	✗	✓
OREO Shake	✗	✗	✓	✗	✓	✓	✓	✓	✗	✓
Root Beer Float Shake	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓
Strawberry Shake	✗	✗	✓	✗	✓	✓	✓	✓	✗	✓
Sugar Cookie	✗	✗	✗	✓	✓	✓	✓	✓	✗	✓
Sugar Cookie Icecream Sandwich	✗	✗	✗	✓	✓	✓	✓	✓	✗	✓
Vanilla Shake	✗	✗	✓	✓	✓	✓	✓	✓	✗	✓

[illegible]



<https://potbellymenuprices.com>

Potbelly Allergen Menu

Sprite	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Sweetened Iced Tea	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Unsweetened Iced Tea	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Farmer's Punch	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Lemonade	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Mandarin Cardamom	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Pineapple Passion Fruit	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Strawberry Dragon Fruit	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Arizona Tea	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Cherry Coke	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Crush	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Diet Snapple Half n Half	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Honest Organic Honey Green Tea	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Honest Organic Peach Tea	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
IBC Cream Soda	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
IBC Root Beer	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Nantucket Nectars Lemonade	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Nantucket Nectars Orange Mango	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Powerade Mountain Berry Blast	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
San Pellegrino	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
San Pellegrino Blood Orange	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Simply Orange	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Smartwater	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Vitamin Water Squeezed Lemonade	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Vitamin Water XXX Acai Blue Pom	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Water Bottle	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

Kids

Item	Gluten	Milk	Egg	Soy	Peanuts	Tree Nuts	Fish	Shellfish	Wheat	Sesame
------	--------	------	-----	-----	---------	-----------	------	-----------	-------	--------



<https://potbellymenuprices.com>

Potbelly Allergen Menu

Kid's Combo Ham & Swiss	✗	✗	✗	✗	✓	✓	✓	✓	✗	✓
Kid's Combo Mac & Cheese	✗	✗	✗	✗	✓	✓	✓	✓	✗	✓
Kid's Combo PB&J	✗	✗	✗	✗	✗	✓	✓	✓	✗	✓
Kid's Combo Turkey & Swiss	✗	✗	✗	✗	✓	✓	✓	✓	✗	✓
Bread Multi-grain	✗	✓	✓	✗	✓	✓	✓	✓	✗	✓
Bread White	✗	✓	✓	✗	✓	✓	✓	✓	✗	✓
Apple Sauce	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Mini Oatmeal Chocolate Chip Cookie	✗	✗	✗	✗	✓	✓	✓	✓	✗	✓
Kids Chocolate Milk	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓
Kids Milk	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓
Water Bottle	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

✓ Does not contain Allergens

✗ Contain Allergens